



**The Freedom Academy**

**Ever wanted to know how to make things happen?  
Ever 'given it a go' and had poor or no results?**

**“7 Big Mistakes that stop the  
'Law of Attraction' dead in its  
tracks and *prevent* you from  
achieving the life you would  
love to live!”**

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Do you feel that there is something lacking in your life or that, right now, you're just not who you really want to **be**?

Are you open-minded to new ideas and ways of doing things?

Have you had experience of 'personal development' but feel that, although it all sounds good, it just doesn't seem to work for **you**?

Are you ready for a change in your lifestyle?

**If so this Report is for you.**

You'll learn about the biggest mistakes that hundreds of thousands of people make every year and why, for the vast majority, the 'Law of Attraction just doesn't 'work'.

You'll discover what you need to do to avoid this fate.

You'll see what you need to do (or not do) to create **your** vision (or dream) of the life you would *love* to live and how to 'get started' on building it.

These are just the top reasons why people 'fail' or don't even start the process. There are more, but **if you avoid these** than you have a really good chance of achieving what you want to be, do, have and give.

## #1 Skimming the Surface



You've read 'The Secret', watched the video, and read other books about the 'Law of Attraction'. Maybe you've watched a few more videos and joined a few webinars. You might even have attended some live events.

Maybe you've given it a go - visualised something you want and waited for it to happen and perhaps supported this with daily affirmations and even meditation.

Now the Law of Attraction **does** work - but not 'just like that'!

There are ten other Laws that go with it and to get the results you want, you have to deploy them **all**.

You might have been through some coaching programmes, on line or in person, but, if you're here reading this, they were probably either too superficial or too complicated to really help you make things happen.

To work 'with the law' and achieve the life you would love, *can't* be done 'part-time'. It is work; it requires study, and it requires you to **take action**.

**Reading a few books, watching a few videos, and attending a few meetings just doesn't cut it!**

## #2 Unstructured Engagement



A good coaching programme, whether it's carried out in person or remotely requires **structure**.

Remember when you were at school, and perhaps later if you attended college or university. You went through a *structured process*, covering the same topics more than once and increasing depth and detail each time.

Once you had 'learnt' the subject you then learned how to **apply** that knowledge and perhaps teach it to others.

It's not possible to learn how to change to the life you would love to live, how and why it works, and how it can be done, in a weekend - however 'inspiring' or 'motivating' that might be.

**"Inspiration without action is just entertainment." *Mary Morrissey***

There is so much more to it and you need a coach and a course that will provide you with the information, show you how to apply the techniques and find answers that you need.

## #3 Too Big a Task



Often when people undertake goal setting or vision creation they are encouraged to set big 'awesome' goals or describe their (whole) 'dream'.

*'What if you could have everything you wanted, what would it look like?'*

Then they are asked to describe it in minute detail, a bit like an architect's plan or an engineering blueprint.

Well the thing is, for most people, that would require several hundred pages of writing or a 13 hour 'box-set' of videos to describe '*everything*' in detail!

So it just doesn't get done, or the description is too 'fluffy' with no clear picture of the desired outcome.

What is needed is a way to break the description of the life you would love into a set of clear categories or domains, and then to describe in detail the outcome you expect in each segment of each area.

**Then break it down again into achievable goals.**

Only then will you be able to make your 'dream come true'.

## #4 Limiting Beliefs



It's all very well having a clear picture of your ideal life or your dream, but it won't just 'happen'.

**Work has to be done** to bring it into being.

**Action has to be taken.**

But more often than not, we don't take these actions.

We're unable to do the things we need to do because there are invisible boundaries, barriers or roadblocks along the way in the form of our existing belief patterns.

These '**limiting beliefs**' aren't always negative, they aren't always 'I can't do that'. They are often beliefs we've had for a long time that we may be quite attached to - we 'like' these beliefs because they make us feel 'safe' or 'right'.

**But they are *limiting* our progress towards the life we would love to live.**

One of the key skills of a good coach using a good personal development programme is the ability to help people first recognise these barriers and then set about removing them or finding a way through, over or around them.

Most life coaches and self development programmes don't do this and either leave it to you to sort out or don't even consider it.

## #5 Lack of Momentum



Two of the most common reasons why people taking life coaching or self development programmes 'fail' are because they either go too slowly or they introduce discontinuity into the process.

People 'don't have time' or 'things crop up' or (a phrase which indicates they really don't understand what this is all about) 'life gets in the way'!

They believe they are prevented from following the course they need to follow, or from working on creating the life they would love to live.

It isn't that we 'don't have time' and such like, it's that we *all* have **paradigms** that give these other activities or demands on our time a higher priority than becoming who we desire to be, doing the things we really expect to do, having the things we would love to have, and living the life we would really love to live.

It doesn't make sense, does it?

(Oh, and believing that you don't have any paradigms or limiting beliefs is itself a limiting belief . . .)

'Taking a break' in the process because something crops up usually means that we have to go back and start again because the learning we achieved and the progress we made before the 'break' will have decayed and will have to be recovered.

Going too slowly because we 'don't have time' to focus on what we need to learn and do, allows 'other things' to creep in and impair our ability to learn and understand what we need to do and distracts us from taking the necessary action.

## #6 Lack of Belief



To successfully engage with and deploy the universal laws that enable us to live the lives we would love to live takes commitment and dedication.

There is a lot to do - studying, learning and taking action in many ways on a regular daily basis - but it doesn't actually take a vast amount of *time*.

But it does require **belief**.

Belief that this **does** work and **will** work for **us** has to become part of our **normal** belief pattern; not something 'bolted on' at the side.

Belief in the universal law (or if you prefer God's law) has to be fundamental to our way of being, to the life we live **now**.

Because without this belief it's not possible to develop our current life into the life we would love to live.

'Miracles' and 'Quantum Leaps' where things do happen 'out of the blue' do occur - but *not* without **belief, commitment and dedication**.

## #7 Throwing Money at it



Some people think, or perhaps would like you to think, that all this can be purchased by investing large sums of money in life coaching or personal development and having 'skin in the game'.

I know people who've spent hundreds of thousands of dollars over the years and achieved nothing, or very little!

Because you've invested a lot, you may have more motivation and be more *likely* to do the things you need to do.

But you can't **buy** the life you would love to live - even if you won the lottery; look at the thousands of 'winners' who have tried and failed to do that!

You don't **need** a life coach or a personal development programme - you **can** work it all out for yourself.

But that would be like deciding to build your own house without any knowledge or skills in how to do it.

Yes, some people *have* done this, but very few, and it would take you much longer and probably cost you a lot more one way or another than just buying the house.

## #8 - Bonus Tip



Personal development and coaching programmes have been being developed over centuries, so it is worthwhile finding a coach who has knowledge of the best programmes for **you** and who will provide that service in accordance with the value you place on it.

The role of the coach is not to give you information and tell you what to do with it. A good coach will show you where the information that you need can be found and help you discover how you can put it into practice.

To do this your coach will provide examples, draw analogies, bring your attention to certain concepts, help you discover your limiting beliefs and explain how you might overcome them.

A good coach *won't give you all the answers*, but at the same time won't expect you to come up with all the answers.

A good coach is a travelling companion on your journey (or part of it) towards the life you would love to live.

No coach can guarantee your success, only **you** can do that, but without a coach or mentor you'll be making it much harder and more painful for yourself.

## Your Next Step

To help you on your way I offer a **Free Personal Evaluation** to determine the best and most appropriate path for you to follow.

Simply book a quick call back to arrange this at -

[lifemasterynow.as.me](http://lifemasterynow.as.me)

**I look forward to speaking with you.**

